

Fairfax County & SeniorNavigator

**Your connection to valuable
health, disability and aging resources**

Searching to find health and aging resources for yourself or a loved one? SeniorNavigator can help – connecting seniors, adults with disabilities, and caregivers to hundreds of local programs and services.

Here's How It Works:

Go to www.fairfaxcounty.gov/seniors and click on SeniorNavigator.

Quick Search: Type the topic of interest and ZIP code or county into the blue box located in the left column.

Customized Search: Directly below the Quick Search box, click the Customized Search, select a topic or location from the menu, and add filters to refine your search.

Search by Subject: If your main interest is finding articles and links, click on one of the five main topic buttons located across the top of the homepage.

Additional Features of SeniorNavigator:

Ask an Expert: One-on-one professional help with medical, legal, financial and housing concerns.

E-Quicktips: Free informational emails providing up-to-date aging and caregiving tips twice a month.

Needs Assessment: An interactive guide to finding support services tailored to your own personal needs.

Don't have a computer? Contact SeniorNavigator to locate the nearest SeniorNavigator Center where a trained professional can help you find the services you need.



**For more information, contact
SeniorNavigator toll free at
1-866-393-0957; TTY 711**

To request this information in alternate
formats, call 703-324-5870; TTY 711